



2022 JUNIOR GOLF PROGRAMS



London's Only Junior Golf Program recognized with National, Provincial & Local Awards





WELCOME



Thoughts from our Lead Coach...

I want to first thank you for your interest in the junior golf program through the London Junior Golf Development Centre. We are excited that you are looking to provide your junior with the opportunity to play the game of a lifetime. Our goal is simple –

Create a fun and enjoyable experience that will inspire juniors to play the game for a lifetime.

Below are the answers to the most common questions we receive.

My junior has limited experience. What is best?

Most juniors participate in our Learn to Golf program. This weekly program allows juniors to learn and experience the game over a period of time. Most juniors will practice at home or on course in between sessions.

What is the structure of the practices?

Our program curriculum focuses on developing fundamental movement skills (e.g. throwing, jumping) along with the fundamental sport skills (e.g. putting, chipping, full swing). The juniors rotate through different stations to build athletic abilities and golf skills to excel in the game.

How do you measure a player's progress?

Similar to swimming and martial arts, our program has different levels through the Future Links Learn to Play program with Golf Canada. Our program has divided some levels into sub levels so that we can get more specific with progression of skills.

Does my junior need to sign up for the entire season?

Our program provides a great deal of flexibility. Although most of our juniors participate in 3 or more months, you can participate in one month only.

I am not sure if my junior is ready to play on a course. Is the junior league competitive or is it too advance for my junior?

Our junior league is about learning how to score the ball and break par – how is this accomplished? Juniors start in Division 1 where each hole is 25 yards. If you break 36 for 9 holes, you move to Division 2 from 50 yards. If you break 36, then you proceed to 100 Yards and so on. This promotes juniors learning to score the ball.

We look forward to having your family involved.

Coach Brian Gallant, PGA of Canada Teaching Professional
Lead Coach, London Junior Golf Development Centre
Lead Coach, Golf Better





2021 JUNIOR OPPORTUNITIES



Future Player Including TEENS	7 to 16	Intermediate	Page 4
Active Start	6 and under	All Skill Levels	Page 6
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HALF Day Summer Golf Camps	6 to 14	Beginner Intermediate	Page 8
FULL day Summer Golf Camps	6 to 14	Intermediate Advanced	Page 9
Team London	U15, U19 and U22 teams	Intermediate Advanced	Page 10
Private Sessions	Any age	All Skill Levels	Page 10

2022 FUTURE PLAYER MEMBERSHIP – Great Value!

THE FUTURE OF OUR JUNIOR GOLF PROGRAM

This program has been created around one major interest – providing juniors the most opportunity to PLAY the game. We believe that juniors will learn the game faster by playing the game, not standing on a range week after week hitting balls. Last season, we had over 25 juniors participate and really enjoy this program!

PLAY THE GAME TO LOVE THE GAME

We believe that juniors playing the game will love the game. That is why we have put together an outstanding value for this program.

WHAT IS INCLUDED IN THE PROGRAM FEE?

- 1) A junior membership at Oxbow Glen Golf Course for the 2022 season and unlimited play in the times denoted below
- 2) Year long access to an exclusive Future Players Learn to Golf and Junior League program
- 3) Access to an exclusive one week of our Summer Golf Camps for Future Player juniors from Aug 2th to Aug 5th
- 4) A junior player membership with Golf Canada to allow players to post scores for handicap reasons
- 5) A LJGDC golf shirt and progress hat showing a player's level

Juniors interested in this opportunity must pass a certain level of playing ability, follow the etiquette of the game as well as be on their best behavior when representing our program at Oxbow Glen.

PARENT OPTIONS: get 'The League' membership option – golf any day after 11 AM ANY DAY OF THE WEEK for 40% off the green fee. You can also play in one of the evening leagues @ 40% off green fees.

FULL DETAILS FOR DATES ON NEXT PAGE

GOLF PROGRAM COSTS

\$375 + HST on registration (includes seasonal registration fee!)

PLUS

**Monthly payments of \$137 + HST
for 5 months (May to Sept)**

TOTAL: \$1060 + HST (value is \$1550+)

2022 FUTURE PLAYER MEMBERSHIP – Great Value!

THE FUTURE OF OUR JUNIOR GOLF PROGRAM

FREQUENTLY ASKED QUESTIONS:

Q: How do I know if this program is a good fit for my junior?

This program is ideal for juniors who have the desire to play golf often, play their own ball and able to play a round of golf keeping score and keeping up. Juniors would have the desire to play golf often during the year with other juniors or family members. The juniors would already can hit the ball, understand the etiquette of the game and keep pace of play.

Q: I have one kid that is great for this program and another that is better for the Learn to Golf program and it is better to have them in the same class. Is that possible?

Yes, this is possible as we understand the challenges of meeting schedules for multiple juniors.

Q: Our family schedule only allows us to participate in a part of the program. Is the fee reduced?

The fee for this program is an outstanding value and the fee is set regardless of how many opportunities a junior participates. If a junior was to miss a great amount, another program may be better suited.

Q: I am not sure if my junior fits this program. What should I do?

Please contact our Lead Coach Brian to discuss options.

FUTURE PLAYERS ONLY

Practices @ The Golfers Hideaway on Glendon
(10095 Glendon Drive, Komoka, ON)

Wed 7:00 to 8:00 PM	Thurs 7:00 to 8:00 PM
18 – May	19 – May
25 – May	26 – May
1 – June	2 – June
Junior League @ Oxbow – Sun June 5	
8 – June	9 – June
Junior League @ Oxbow – Sun June 12	
15 – June	16 – June
22 – June	23 – June
NO CLASS WEEK OF JUNE 27	
6 – July	7 – July
13 – July	14 – July
20 – July	21 – July
Junior League @ Oxbow – Sun July 24	
27 – July	28 – July
3 – Aug	4 – Aug
Junior League @ Oxbow – Sun Aug 7	
10 – Aug	11 – Aug
NO CLASS WEEK OF AUG 15	
24 – Aug	25 – Aug
31 – Aug	1 – Sept
7 – Sept	8 – Sept
14 – Sept	15 – Sept
Junior League @ Oxbow – Sun Sept 18	
21 – Sept	21 – Sept
Junior League @ Oxbow – Sun Sept 25	
28 – Sept	29 – Sept

SUMMER GOLF CAMP FOR FUTURE PLAYERS

Exclusive to Future Player and New Competitors

From Aug 2 to Aug 5

**AGE 6 & UNDER
(Born 2016, 2017, 2018)**

ACTIVE START

**Register online @
www.golfbetter.ca**

OUR GOAL AT THIS STAGE: Learn through active play!

HOW WE PLAY? Hop, Skip, Jump, Throw as well as roll balls, launch balls and swing

WHY WE PLAY? Provide the foundation for older ages



STAGE(s) OF GOLF CANADA'S LONG TERM PLAYER DEVELOPMENT INVOLVED IN THIS PROGRAM: Active Start with our PGA Community Golf Coaches

Active Start to Golf Participants Receive:

- An introduction to the development of the ABC's of body movements along with a basic golf swing and putting green skills
- Golf Shirt, progress report along with a hat/bracelet identifying the junior's level
- A fun unstructured active play environment allows experiencing the game of golf with proper equipment and age appropriate activities

Program Structure:

- Practices that have a rotation of short stations to maximize development, attention and enjoyment for the young juniors
- Our curriculum is based on Golf Canada's Long Term Player Development and the Titleist Performance Institute junior curriculum

Program Schedule & Costs

All sessions at The Golfers Hideaway on Glendon on Saturdays from 9:30 AM to 10:10 AM

FEES:

- **REGISTRATION FEE of \$40:** Each junior is required to pay a one-time seasonal registration fee in addition to program fees.
- **ACTIVE START PROGRAM FEE:** Includes coaching, range balls, golf shirt and golf hat.

PROGRAM FEE - \$97 + HST per season

SPRNG Saturdays	SUMMER Saturdays
9:30 AM to 10:10 AM	9:30 AM to 10:10 AM
28 – May	16 – July
4 – June	23 – July
11 – June	30 – July
18 – June	6 – Aug
25 – June	13 - Aug



**AGE 6 – 13
(Born 2009 to 2016)**

LEARN TO GOLF

**Register online @
www.golfbetter.ca**

OUR GOAL AT THIS STAGE: Experience Fun, Safe and Innovate while PLAYING the game of golf

HOW WE LEARN? A variety of stations each with a specific skill focus whether on the range, putting green or on the course.

WHAT DO WE LEARN? Early stages focus on how to move the body and how putt, chip and swing. As juniors progress, the focus is to learn and master skills in combination with other skills (ie. balance and swinging the club at the same time).

STAGE(s) OF GOLF CANADA'S LONG TERM PLAYER DEVELOPMENT INVOLVED IN THIS PROGRAM: Fundamentals AND Learn to Golf

Learn to Golf Participants Receive:

- Support from our PGA Professional and PGA Community Coaches
- A Progress Booklet

Program Structure (NOTE Practice location is The Golfers Hideaway on Glendon):

- Our curriculum is based on Golf Canada's Long Term Player Development guide and the Titleist Performance Institute junior curriculum
- Practices consists stations for movement and golf skills
- Low junior to coach ratios

ON COURSE SESSIONS AND PROGRESSION:

- **STARTING DISTANCES** - typically a new player or junior in WHITE level will have a coach on course for 1 hour to learn the game until the player can control the ball, can walk 9 holes & keep score.
- Other players will play 9 holes with a coach checking in 1 or 2 times during the round. Players in ORANGE start at 50 or 100 yards from the green while BLUE starts 150 or 200 yards from the green.
- **BREAK 36 : Juniors play from a level appropriate tee block for 9 holes – if they score less than 40 strokes, they move back to the next tee block.**

Player Level and Equipment:

- Advanced skills not required, just an interest in driving, chipping or putting
- All participants will have the opportunity to be fitted for US Kids Clubs.
Please do not purchase equipment before consulting with us

FEES (NOTE: Practice location is The Green on Glendon; On Course sessions are at Oxbow Glen tee times start around 4 PM):

- **REGISTRATION FEE of \$40:** Each junior is required to pay a one-time seasonal registration fee in addition to program fees.
- **LEVEL ADVANCEMENT NOTE:** Registration fee includes the cost of the first level hat for your junior – \$20 will be required for the next level hat
- **PROGRAM FEE:** Select which day(s) of the week to participate. Fees



SPRING SESSION		
Wednesday 6:00 – 7:00	Thursday 6:00 – 7:00	Saturday 10:00 – 11:00
18 – May	19 – May	21 – May
25 – May	26 – May	28 – May
1 – June	2 – June	4 – June
On Course @ Oxbow – Sun Jun 5		
8 – June	9 – June	11 – June
On Course @ Oxbow – Sun June 12		
15 – June	22 – June	24 – June

SUMMER SESSION		
Wednesday 6:00 – 7:00	Thursday 6:00 – 7:00	Saturday 10:30 – 11:30
13 – July	14 – July	16 – July
20 – July	21 – July	23 – July
On Course @ Oxbow – Sun July 24		
27 – July	28 – July	30 – July
3 – Aug	4 – Aug	6 – Aug
On Course @ Oxbow – Sun Aug 7		
10 – Aug	17 – Aug	19 – Aug

FALL SESSION		
Wednesday 6:00 – 7:00	Thursday 6:00 – 7:00	Saturday 11:00 – 12:00
31 – Aug	1 – Sept	3 – Sept
7 – Sept	8 – Sept	10 – Sept
14 – Sept	15 – Sept	17 – Sept
On Course @ Oxbow – Sun Sept 18		
21 – Sept	22 – Sept	24 – Sept
On Course @ Oxbow – Sun Sept 25		
28 – Sept	29 – Sept	1 - Oct

LEARN TO GOLF PROGRAM FEES **\$237 + HST per session PLUS \$40+ seasonal registration fee**

**AGE 6 – 14
(Born 2006 to 2016)**

**HALF DAY SUMMER GOLF CAMPS
@ The Golfers Hideaway in Delaware**

OUR GOAL AT THIS STAGE: Experience Fun, Safe and Innovate while PLAYING the game of golf

HOW DO WE LEARN: Our camps have a different theme each day. Short skill stations are focused on a specific area of the game or movement skill that will assist the performance of the player on the course.

WHAT DO WE LEARN? Early stages focus on how to move the body and how putt, chip and swing. As juniors progress, the focus is to learn and master skills in combination with other skills (ie. balance and swinging the club at the same time).

STAGE(s) OF GOLF CANADA'S LONG TERM PLAYER DEVELOPMENT INVOLVED IN THIS PROGRAM: Fundamentals AND Learn to Golf

Benefits:

- 6:1 golfer-to-coach maximum ratio with PGA Professionals and PGA of Canada Community Coaches
- Camp celebration, skills challenge and awards on Friday afternoon
- Each junior receives a personalized progress card

WEEK PLAN:

Drop off: Between 8:45-9:00 and Pickup is 12 Noon Sharp

Monday to Wednesday – develop movement skills and golf skills at the practice area

Thursday and Friday – more focus on execution with Friday finale celebration

PLEASE NOTE:

- Juniors will be asked to bring a refillable water bottle
- Due to food allergies and junior preferences, juniors will be asked to bring their own healthy snacks and lunch.

FEES:

- **REGISTRATION FEE of \$40:** Each junior is required to pay a one-time seasonal registration fee in addition to program fees.
- **CAMP PROGRAM FEE: includes all green fees, range balls, facility fees and coaching.**

5 DAY WEEK IS \$225 + HST

REGISTRATION:

1. ONLINE at www.golfbetter.ca
2. IN PERSON – contact Coach Brian directly at (519) 200-4717 to discuss



**WEEKS AVAILABLE@
The Golfers Hideaway
in Delaware
(21583 Adelaide St.)**

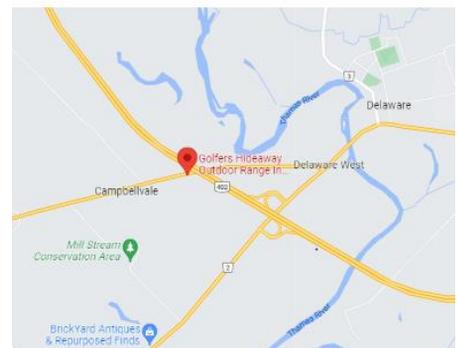
DATES:

July 4 – 8

July 25 – 29

Aug 8 – Aug 12

Aug 22 - 26



**AGE 6 – 14
(Born 2006 to 2014)**

**FULL DAY SUMMER JUNIOR GOLF CAMPS
@ OXBOW GLEN GOLF COURSE**

OUR GOAL AT THIS STAGE: Introduce skills in the morning with fun games and activities and have the opportunity to play on the course in the afternoon

WHO IS THIS CAMP FOR? Juniors need to be able to walk 18 holes, be able to follow their own ball and look after their own golf bag. **This camp is for intermediate and advanced golfers, not beginners. Players will require their own golf clubs.**

HOW DO WE LEARN: Our camps have a different theme each day. Short skill stations are focused on a specific area of the game or movement skill that will assist the performance of the player on the course.

WHAT ON COURSE PLAY PROVIDES: A unique opportunity for juniors to experience playing the game of golf on the course with a specific focus as well as different formats

Benefits:

- 6:1 golfer-to-coach maximum ratio with PGA Professionals and PGA of Canada Community Coaches
- Camp celebration, skills challenge and awards on Friday afternoon
- Each junior receives a personalized progress card

WEEK PLAN:

Drop off: Between 8:30-8:45

Pickup: Between 4:00 and 4:30

Monday to Wednesday – develop movement skills and golf skills at the practice area and on course activities at Oxbow Glen Golf Course

Thursday and Friday – more focus on course play with Friday finale celebration

PLEASE NOTE:

- Juniors will be asked to bring a refillable water bottle
- Due to food allergies and junior preferences, juniors will be asked to bring their own healthy snacks and lunch.

FEES:

- **REGISTRATION FEE of \$40:** Each junior is required to pay a one-time seasonal registration fee in addition to program fees.
- **CAMP PROGRAM FEE: includes all green fees, range balls, facility fees and coaching.**

5 DAY WEEK IS \$375 + HST

REGISTRATION:

1. ONLINE at www.golfbetter.ca
2. IN PERSON – contact Coach Brian directly at (519) 200-4717 to discuss



**WEEKS AVAILABLE
@ Oxbow Glen**

DATES:

July 18 – 22

Aug 15 – 19

TEAM LONDON – COMPETITIVE DEVELOPMENT PROGRAM

This program provides juniors the opportunity to develop skills in the game of golf above the recreational level. The programs are comprehensive and are led by our certified coach Brian Gallant.

STAGE(S) OF GOLF CANADA’S LONG TERM PLAYER DEVELOPMENT INVOLVED IN THIS PROGRAM:

New Competitor	– Introduction to Competition
Developing Competitor	– Learn to Compete
Advanced Competitor	- Train to Compete

Under 15 (U15) New Competitor Team – These juniors enjoy golf as one of many sports they play. This program offers a holistic approach to skill development designed to develop dynamic athletes who understand the fundamentals of the golf. Practices cover themes that help young athletes draw connections between the game of golf and other skills they already have.

Under 19 (U19) Developing Team – These young athletes would like to seriously explore competitive golf. Athletes are exposed to advanced fundamentals within the technical and physical pillars. Practices explore complex skills which pertain to high level training for golf.

Under 22 (U22) Advanced Team – These juniors are passionate and accomplished golfers that are often participating at the college and university level. The year round program challenges individuals to seek out their full potential through a comprehensive curriculum to evolve in a team atmosphere that encourages cooperation and interaction.

For those juniors interested in discussing Team London opportunities, please contact our Lead Coach Brian Gallant



PRIVATE COACHING SESSIONS

We do provide individual, private, coaching services for junior aged athletes. These are often popular choices for players from out of town, or for the first few meetings with a new athlete, and can lay the foundations for the future program choices. Ultimately, we believe that athletes will develop more completely within a group or team of players, but private one on one sessions can also be valuable in identifying performance traits and personalizing the training plan for each athlete.

For those juniors interested in private coaching sessions, please contact our Lead Coach Brian Gallant.

US KIDS GOLF CLUB TRADE UP PROGRAM

PURCHASE NEW EQUIPMENT FOR YOUR JUNIOR AND TRADE UP AT THEY GROW!

The London Junior Golf Development Centre is involved with US Kids Golf equipment, the #1 junior golf equipment in the World.

The key benefits to your junior with US Kids Golf versus other junior golf equipment:

#1 – **Lighter clubs and more flexible:** Along with proper club length, US Kids Golf equipment have lighter clubheads and more flexible shafts than other junior equipment. This allows juniors to develop speed and proper swing fundamentals.

#2 - **Proper progression of sizing:** To help kids develop a proper release with high hand speed, clubs should not be too long. US Kids Golf provides the proper length at all times during growth especially in driver. A typical junior requires 2 to 3 sets of clubs from ages 6 to 9 and ages 9 to 12 not one like other manufacturers suggest.

#3 – **Tour Series Clubs for Intermediate and Advanced:** No other manufacturer fits intermediate and advanced junior players without forcing them into larger adult sizes or expensive custom clubs.

**OUR CENTRE HAS THE
US KIDS GOLF TRADE UP PROGRAM –
Trade with us & receive a discount on your new clubs!**

Grow up. Trade up. Save up.

TRADE UP YOUR OLD CLUBS FOR A DISCOUNT ON YOUR NEW ONES.



Our centre is involved in the US Kids Golf TradeUP program.
You can purchase new sets of clubs directly from us and trade with us.
This allows young players to trade in their outgrown US Kids equipment and receive a discount on the purchase of new ones.
This ensures a proper fit at every stage of development.

NOTE: TradeUp program only involves US Kids Golf equipment as trade in.

USED US KIDS GOLF EQUIPMENT –
From time to time, we may have a selection of used equipment – a great option to get the proper equipment size for juniors. Please contact us for current sets that are available.



FIT BY HEIGHT

UL (Ultra Light)	PLAYERS HEIGHT IN SHOES	TS (Tour Series)
UL63" LIGHT	64" - 63"	TS63" SEATED
UL60" LIGHT	61" - 60"	TS60" SEATED
UL57" LIGHT	58" - 57"	TS57" SEATED
UL54" LIGHT	55" - 54"	TS54" SEATED
UL51" LIGHT	52" - 51"	TS51" SEATED
UL48" LIGHT	49" - 48"	
UL45" LIGHT	46" - 45"	
UL42" LIGHT	43" - 42"	
UL39" LIGHT	40" - 39"	

Use player's HEIGHT to determine club size and player's SWING SPEED to choose Ultralight or Tour Series.



DEVELOPMENT CENTRE

www.golfbetter.ca



Please contact me
with any questions:
Brian Gallant
(519) 200-4717